

Syllabus for Medical Qigong Practitioner (Level P-3)

**(Required Textbooks: The Secret Teachings of Chinese Energetic Medicine:
Volume #2 and Volume #3)**

1. Working With Energy

- Introduction to Becoming a Medical Qigong Healer. Reading Assignment: V3, Ch.28 (p. 329-330).
- The Three Energetic Wonders. Reading Assignment: V3, Ch. 31 (p. 457-466)

Exam #1: Name the Three Energetic Wonders, and Explain their importance.

2. Controlling and Transforming the Body's Qi via Special Awareness Meditations

- From Physical Body - To Energy Body- To Spirit Body. Reading Assignment: V3, Ch.28 (p. 326).
- From Spirit Body - To Energy Body- To Physical Body. Reading Assignment: V3, Ch.28 (p. 327).
- Moving the Energies of all Three Bodies. Reading Assignment: V3, Ch.28 (p. 327).
- Energizing the Three Bodies Sense Organs. Reading Assignment: V3, Ch.28 (p. 328).

Exam #2: Name the Three Bodies, and Explain their importance.

3. Understanding the Energetic Influence of Thoughts and Feelings

- The External Projecting and Manifesting of Energetic Thought Form Patterns. Reading Assignment: V3, Ch.28 (p. 342-344; and p. 352-353).
- Thought Forms, Shapes, and Colors. Reading Assignment: V3, Ch.28 (p. 344-346).
- Using the Divine Net Technique To Purge the Patient's Body. Reading Assignment: V3, Ch. 28 (p. 349-351).
- Finding and Removing Energetic Cords. Reading Assignment: V3, Ch.29 (p. 394-397).

Exam #3: Describe the External Projection and Manifestation of Energetic Thought Form Patterns, and Explain their importance.

4. Clinical Safety and Spirit Protection Protection Meditations

- The Spirit Realm and the Medical Qigong Clinic: V2, Ch. 20 (p. 563-566).
- Purification Techniques For The Medical Qigong Clinic: V2, Ch. 20 (p. 566-569).
- The Importance of Establishing a Safe Clinical Environment. Reading Assignment: V3, Ch.29 (p. 367-370).
- The Clinical Functions of the Three Prayer Invocations. Reading Assignment: V3, Ch.29 (p. 371-373).

Exam #4: Demonstrate how to establish a safe Medical Qigong Clinical space, and Explain the importance of your energetic applications.

5. Energetic Protection Meditations

- Creating a Protective Force Field. Reading Assignment: V3, Ch. 30 (p. 434-438).
- Creating an Energetic Bubble. Reading Assignment: V3, Ch. 30 (p. 438).

Exam #5: Demonstrate how to create a Protective Energetic Bubble, and Explain the importance of your energetic applications.

6. Precautions and Ethical Considerations for the Medical Qigong Doctor

- Transforming the Patient's Energetic Grids. Reading Assignment: V3, Ch.29 (p. 409).
- Treating the Patient's Three Bodies . Reading Assignment: V3, Ch.29 (p. 410).
- The Importance of Developing a Healing Rapport With The Patient. Reading Assignment: V3, Ch.29 (p. 374-380).
- How to Avoid Experiencing Energetic Depletion in the Clinic. Reading Assignment: V3, Ch.30 (p. 421-424).
- How to Avoid Absorbing Turbid Qi From the Body's Six Openings. Reading Assignment: V3, Ch.30 (p. 424-427).
- Removing Turbid Qi Invasion; and Energetic Protection Meditations. Reading Assignment: V2, Ch. 20 (p. 565-569); V3, Ch. 30 (p. 428-431); and V3, Ch.26 (p.296).

7. Clinical Ethics

- Conscious and Subconscious Clinical Influences. Reading Assignment: V3, Ch. 30 (p. 439-442).
- Establishing Doctor and Patient Agreements. Reading Assignment: V3, Ch. 30 (p. 443-444).
- Clinical Burnout and the Medical Qigong Clinic. Reading Assignment: V3, Ch. 30 (p. 445).
- Energetic Boundary Invasion. Reading Assignment: V3, Ch. 30 (p. 446-447).
- Strengthening the Spiritual Light of the Doctor's Righteous Qi. Reading Assignment: V3, Ch. 30 (p. 447-449).
- When Not to Treat the Patient. Reading Assignment: V3, Ch. 30 (p. 449), and V3, Ch. 31 (p. 467-470).
- Encountering Energetic Vampires. Reading Assignment: V3, Ch. 30 (p. 450).
- Establishing Realistic Training Goals for the Medical Qigong Doctor. Reading Assignment: V3, Ch. 30 (p. 451-453).
- Combining Medical Qigong Therapy with Other Healing Therapies. Reading Assignment: V3, Ch. 29 (p. 416-420)

Exam #6: Explain the conditions of Transference and Counter-Transference, and how to effectively deal with such conditions in the clinic.

Exam #7: Explain which specific conditions that are Contraindicated for Medical Qigong Therapy, and why.

8. The Patient's Energetic Unwinding

- Patient's Energetic Unwinding and Facial Distortions. Reading Assignment: V3, Ch. 31 (p. 465).
- Patient Resistance to Energetic Therapy. Reading Assignment: V3, Ch. 31 (p. 466).

9. Balancing the Patient's Energetic System

- Clinical Purgation and Tonification Guidelines and Applications. Reading Assignment: V3, Ch. 31 (p. 471-480).
- Clinical Regulation Guidelines and Applications. Reading Assignment: V3, Ch. 31 (p. 481-483).

10. Clinical Observations of Pathological Energetic Patterns

- Locating the Special Areas of Chronic Energetic Obstruction. Reading Assignment: V3, Ch. 31 (p. 484-491).
- Types of Energetic Complications. Reading Assignment: V3, Ch. 32 (p. 492-497).

Exam #8: Explain and Demonstrate the locations of the five specific areas known for Chronic Energetic Obstruction.

11. Healing a Patient's Emotional Traumas

- Five Levels of Feeling and Their Governing Organs. Reading Assignment: V3, Ch. 33 (p. 499-503).
- Wounding and Closing the Spirit. Reading Assignment: V3, Ch. 33 (p. 504-507).
- The Patient Coming out of Denial. Reading Assignment: V3, Ch. 33 (p. 508-519).
- Transference and Displaced Emotions. Reading Assignment: V3, Ch. 33 (p. 509-510).
- Stages of Energetic Transformation and Emotional Resolution History. Reading Assignment: V3, Ch. 33 (p. 510-512).
- Assisting the Patient in Establishing Healthy Boundaries. Reading Assignment: V3, Ch. 33 (p. 513-517).
- Pulling Out the Pain Meditation Review. Reading Assignment: V3, Ch. 33 (p. 518-519). True Transmission Teaching – From Master to Disciple.
- Understanding Why a Patient Might Not Heal. Reading Assignment: V3, Ch. 33 (p. 520-521).

Exam #9: Explain the Five Levels of Feeling and Their Governing Organs.

Exam #10: Explain the Wounding and Closing the Spirit process.

Exam #11: Explain the reasons Why a Patient Might Not Heal.

Exam #12: Explain the "Secondary Gains" of a disease condition.

12. Facing the Death of a Patient

- Understanding the Death Process. Reading Assignment: V3, Ch. 33 (p. 522-529).
- Death and the Chakra System. Reading Assignment: V3, Ch. 33 (p. 530-533).
- Helping a Dying Patient Pass. Reading Assignment: V3, Ch. 33 (p. 533-535).
- The After Death Experience. Reading Assignment: V3, Ch. 33 (p. 535-536).
- The Forgiveness Prayer. Reading Assignment: V3, Ch. 33 (p. 537-539).

13. Training Energy Extension and Qi Manipulation Techniques

- Qi Emission Techniques. Reading Assignment: V3, Ch. 25 (p. 201-205).
- Training the “Extended Fan Palm” Hand Technique. Reading Assignment: V3, Ch. 25 (p. 206-211).
- Training the “Sword Fingers” Hand Technique. Reading Assignment: V3, Ch. 25 (p. 212-214).
- Training the “One Finger Skill.” Reading Assignment: V3, Ch. 25 (p. 215-219).
- The “Invisible Needle Palm” and “Dragon’s Mouth Palm” Hand Techniques. Reading Assignment: V3, Ch. 25 (p. 220).
- Training the “Kneading Tiger Claw” Skill. Reading Assignment: V3, Ch. 25 (p. 220-221).
- Training the “Five Thunder Fingers” Skill. Reading Assignment: V3, Ch. 25 (p. 222-226).

Exam #13: Explain and Demonstrate the “Extended Fan Palm” Hand Technique.

Exam #14: Explain and Demonstrate the “Sword Fingers” Hand Technique.

Exam #15: Explain and Demonstrate the “One Finger Skill.”

Exam #16: Explain and Demonstrate the “Invisible Needle Palm.”

Exam #17: Explain and Demonstrate the “Dragon’s Mouth Palm” Hand Technique.

Exam #18: Explain and Demonstrate the “Kneading Tiger Claw” Skill.

Exam #19: Explain and Demonstrate the “Five Thunder Fingers” Skill.

14. Training Advanced Qi Emission Applications and Qi Vibration Techniques

- Linear Qi Extension Techniques. Reading Assignment: V3, Ch. 26 (p. 227-232).
- Circulating and Spiraling Qi Extension Techniques. Reading Assignment: V3, Ch. 26 (p. 233-243).
- Creating an Energetic Cast. Reading Assignment: V3, Ch. 26 (p. 244-245).
- Energetic Cupping. Reading Assignment: V3, Ch. 26 (p. 246).
- Shaking Energy Technique. Reading Assignment: V3, Ch. 26 (p. 247).
- Qi Vibration Techniques. Reading Assignment: V3, Ch. 26 (p. 248-265).
- Creating Energy Ball Techniques. Reading Assignment: V3, Ch. 22 (p. 93-103).

Exam #20: Explain and Demonstrate the Linear Qi Extension Techniques.

Exam #21: Explain and Demonstrate the Circulating and Spiraling Qi Extension Techniques.

Exam #22: Explain and Demonstrate Creating an Energetic Cast.

Exam #23: Explain and Demonstrate Energetic Cupping.

Exam #24: Explain and Demonstrate the Shaking Energy Technique.

Exam #25: Explain and Demonstrate the Qi Vibration Techniques.

Exam #26: Explain and Demonstrate the Creating Energy Ball Techniques.

15. Advanced Qi Emission Techniques

- Creating a Cord of Divine Light. Reading Assignment: V3, Ch. 26 (p. 266).

- Creating a Ball of Light. Reading Assignment: V3, Ch. 26 (p. 267-281).

- Creating and Training Hot (Yang) Qi and Cold (Yin) Qi. Reading Assignment: V3, Ch. 26 (p. 282-287).

- Guiding and Emitting the Qi of the Five Element Energies. Reading Assignment: V3, Ch. 26 (p. 288-289).

- Emitting the Twelve Earthly Branch Channel Five Element Qi. Reading Assignment: V3, Ch. 26 (p. 290-295).

Exam #27: Explain and Demonstrate Creating a Cord of Divine Light.

Exam #28: Explain and Demonstrate Creating a Ball of Light.

Exam #29: Explain and Demonstrate Creating and Training Hot (Yang) Qi.

Exam #30: Explain and Demonstrate Creating and Training Cold (Yin) Qi.

Exam #31: Explain and Demonstrate Guiding and Emitting the Qi of the Five Element Energies

Exam #32: Explain and Demonstrate Emitting the Twelve Earthly Branch Channel Five Element Qi.

16. The “Invisible Needle” Theory and Application

- Origin and Introduction to Invisible Needle Therapy. Reading Assignment: V3, Ch. 27 (p. 297-303).

- Invisible Needle Hand Postures. Reading Assignment: V3, Ch. 27 (p. 304-305).

- Depth and Angles of Needle Insertion. Reading Assignment: V3, Ch. 27 (p. 306).

- Various Invisible Needle Applications. Reading Assignment: V3, Ch. 27 (p. 307-312).

- Channel Point Treatments and Prescriptions. Reading Assignment: V3, Ch. 27 (p. 313-316).

- Channel Point Prescription Meditations. Reading Assignment: V3, Ch. 27 (p. 317-320).

Exam #33: Explain and Demonstrate Invisible Needle Therapy.

Exam #34: Explain and Demonstrate Invisible Needle Hand Postures.

Exam #35: Explain and Demonstrate Various Invisible Needle Applications.

Exam #36: Explain and Demonstrate Channel Point Treatments and Prescriptions

17. The Five Element Qi Massage Therapy

- Introduction to Five Element Qi Massage. Reading Assignment: V3, Ch. 35 (p. 571-585).
- The Energetic Circle-Twisting Method. Reading Assignment: V3, Ch. 35 (p. 586).
- The Energetic Compression Release Method. Reading Assignment: V3, Ch. 35 (p. 587-588).
- The Energetic Thrusting Method. Reading Assignment: V3, Ch. 35 (p. 589).
- The Energetic Grasping and Shaking Method. Reading Assignment: V3, Ch. 35 (p. 590).
- The Energetic Tapping Method. Reading Assignment: V3, Ch. 35 (p. 591).
- Channel Point Therapy and Qi Massage. Reading Assignment: V3, Ch. 35 (p. 592-594).

Exam #37: Explain and Demonstrate the Energetic Circle-Twisting Method.

Exam #38: Explain and Demonstrate the Energetic Compression Release Method.

Exam #39: Explain and Demonstrate the Energetic Thrusting Method.

Exam #40: Explain and Demonstrate the Energetic Grasping and Shaking Method.

Exam #41: Explain and Demonstrate the Energetic Tapping Method.

18. Sound Projection Theory and Qi Emission Application

- Introduction to Sound Projection. Reading Assignment: V3, Ch. 34 (p. 541-543).
- Sound Volume and Energy Projection. Reading Assignment: V3, Ch. 34 (p. 544-548).
- Sound Projection Used for Treating Cancer Patients. Reading Assignment: V3, Ch. 34 (p. 548-550).
- Combining Color and Sound Projection. Reading Assignment: V3, Ch. 34 (p. 551).
- Sound Projection Training. Reading Assignment: V3, Ch. 34 (p. 552-557).
- The Six Breath Method. Reading Assignment: V3, Ch. 34 (p. 558-560).
- Multiple Sound Breath Incantations. Reading Assignment: V3, Ch. 22 (p. 104).

Exam #42: Explain and Demonstrate Sound Volume and Energy Projection Methods.

Exam #43: Explain and Demonstrate Sound Projection Used for Treating Internal Organ Stagnation.

Exam #44: Explain and Demonstrate Combining Color and Sound Projection

Exam #45: Explain and Demonstrate the Six Breath Method.

Exam #46: Explain and Demonstrate Multiple Sound Breath Incantations.

19. Color Projection Theory and Application

- Introduction to Color Projection. Reading Assignment: V3, Ch. 34 (p. 561-562).
- Projecting Qi in Eight Colors. Reading Assignment: V3, Ch. 34 (p. 563-566).
- Color Projection Training. Reading Assignment: V3, Ch. 34 (p. 567-569).
- Color Projection Hand Seal. Reading Assignment: V3, Ch. 34 (p. 570).

Exam #47: Explain and Demonstrate Color Projection.

Exam #48: Explain and Demonstrate Projecting Qi in Eight Colors.

Exam #49: Explain and Demonstrate Color Projection Hand Seals.

Extra Material & Class Review to Date

- Review of General Treatment Protocol
- Treating Multiple Patients. Reading Assignment: V3, Ch. 29 (p. 411-413)

Exam #50: Explain and Demonstrate Treating Multiple Patients.