

# Syllabus for Medical Qigong Therapist (Level T-7)

(Required Textbooks: The Secret Teachings of Chinese Energetic Medicine:  
Volume #5)

## 1. Medical Qigong Therapy and Neurology

- Introduction to Neurology. Reading Assignment: V5, Ch. 70 (p. 309).
- Understanding Different Types of Stroke. The Symptoms, Etiology, and Degrees of Stroke Severity. Reading Assignment: V5, Ch. 70 (p. 310-323).
- Clinical Protocols used for Treating Different Types of Stroke. The Treatment of Tense, Flaccid, and Chronic Stroke Conditions. Reading Assignment: V5, Ch. 70 (p. 324-331).
- Understanding Coma. The Symptoms, Etiology, and Degrees of Coma Severity. Reading Assignment: V5, Ch. 70 (p. 332-334).
- Clinical Protocols for Treating Coma Patients. Reading Assignment: V5, Ch. 70 (p. 335-338).

**Exam #1:** Explain and Demonstrate Treating Mild Strokes

**Exam #2:** Explain and Demonstrate Treating Flaccid Strokes-Yang Collapse

**Exam #3:** Explain and Demonstrate Treating Tense Strokes-Yin Collapse

**Exam #4:** Explain and Demonstrate Treating Facial Paralysis: Bell's Palsy

**Exam #5:** Explain and Demonstrate Treating Hemiplegia-Unilateral-Paralysis

**Exam #6:** Explain and Demonstrate Treating Paraplegia- Bilateral-Paralysis

**Exam #7:** Explain and Demonstrate Treating Coma Patients

## 2. Medical Qigong Therapy and Geriatrics

- Introduction to Geriatrics. Reading Assignment: V5, Ch. 71 (p. 341-344).
- The Etiology of Aging, According to Traditional Chinese Medicine. Reading Assignment: V5, Ch. 71 (p. 345-357).
- Various Symptoms of Old Age. Reading Assignment: V5, Ch. 71 (p. 358-375).
- The Two Main Priorities When Treating Elderly Patients. Reading Assignment: V5, Ch. 71 (p. 376-377).
- Clinical Protocols used for Treating Different Types of Dementia. Reading Assignment: V5, Ch. 71 (p. 378-384).
- Clinical Protocols used for Treating Different Types of Vertigo. Reading Assignment: V5, Ch. 71 (p. 385-386).
- Clinical Protocols used for Treating Different Types of Arthritis. Reading Assignment: V5, Ch. 71 (p. 387-389).
- Medical Qigong Prescription Exercises used for Treating Arthritis in Elderly Patients. Reading Assignment: V5, Ch. 71 (p. 390-399).
- Medical Qigong Prescription Exercises used for Treating Mental Focus in Elderly Patients.

Reading Assignment: V5, Ch. 71 (p. 400-404).

**Exam #8:** Explain the Two Main Priorities When Treating Elderly Patients

**Exam #9:** Explain and Demonstrate Treating Different Types of Dementia; and their associated Prescription Exercises

**Exam #10:** Explain and Demonstrate Treating Different Types of Vertigo

**Exam #11:** Explain and Demonstrate Treating Different Types of Arthritis; and their associated Prescription Exercises

**Exam #12:** Explain and Demonstrate the Prescription Exercises used for increasing Mental Focus in Elderly Patients

**Exam #13:** Explain and Demonstrate Treating the Patient's Emotional Stability,

**Exam #14:** Explain and Demonstrate "The Golden Ball Exercise"

### **3. Medical Qigong Therapy and Gynecology**

- Introduction to Gynecology. Reading Assignment: V5, Ch.67 (p. 175-180).
- The Etiology and Pathology of Gynecological Diseases. Reading Assignment: V5, Ch. 67 (p. 180-187).
- Clinical Protocols used for Treating Dysmenorrhea. Reading Assignment: V5, Ch. 67 (p. 188-191).
- Clinical Protocols used for Treating Menoxenia. Reading Assignment: V5, Ch. 67 (p. 192-193).
- Understanding Uterine Complications and Abnormalities. Reading Assignment: V5, Ch.67 (p. 194-196).
- Clinical Protocols used for Treating Endometriosis. Reading Assignment: V5, Ch. 67 (p. 197-201).
- Understanding and Treating Miscarriage. Reading Assignment: V5, Ch. 67 (p. 202-207).
- Understanding and Treating Phantom Embryos. Reading Assignment: V5, Ch. 67 (p. 202-212).
- Understanding the Various Stages of Pregnancy. Before, During and After Childbirth. Reading Assignment: V5, Ch. 67 (p. 213-223).
- Understanding the Various Stages of Menopause. Before, During and After Menopause. Reading Assignment: V5, Ch. 67 (p. 224-233).
- Treating Menopause Conditions. Reading Assignment: V5, Ch. 67 (p. 233-240).

**Exam #15:** Explain and Demonstrate Treating Dysmenorrhea

**Exam #16:** Explain and Demonstrate Treating Menoxenia

**Exam #17:** Explain the various types of Miscarriages

**Exam #18:** Explain Treating Uterine Complications Due to Abortions

**Exam #19:** Explain and Demonstrate the Treatment associated with Phantom Embryos

**Exam #20:** Explain complications associated with Before, During, and After Childbirth

**Exam #21:** Explain and Demonstrate Treating Menopausal Yang or Excess Conditions

**Exam #22:** Explain and Demonstrate Treating Menopausal Yin, or Deficiency Conditions

### **4. Medical Qigong Therapy and Treating Breast Diseases**

- Introduction to Breast Diseases. Reading Assignment: V5, Ch. 68 (p. 241-245).
- Clinical Protocols used for Treating Breast Diseases. Reading Assignment: V5, Ch. 68 (p. 246-254).
- Clinical Protocols used for Treating Breast Cancer. Reading Assignment: V5, Ch. 68 (p. 255-264).

**Exam #23:** Explain and Demonstrate Clinical Protocols associated with treating Breast Cysts, Tumors and Cancer.

## **5. Medical Qigong Therapy and Treating Ovarian, Uterine, and Cervical Diseases**

- Introduction to Female Reproductive System Tumors and the Ovaries. Reading Assignment: V5, Ch. 69 (p. 265-274).
- Clinical Protocols used for Treating Ovarian Cysts, Tumors, and Cancer. Reading Assignment: V5, Ch. 69 (p. 275-281).
- Introduction to Female Reproductive System Tumors and Cancer of the Uterus. Reading Assignment: V5, Ch. 69 (p. 282-290).
- Clinical Protocols used for Treating Uterine Tumors and Cancer. Reading Assignment: V5, Ch. 69 (p. 291-295).
- Introduction to Female Reproductive System Tumors and Cancer of the Cervix. Reading Assignment: V5, Ch. 69 (p. 296-301).
- Clinical Protocols used for Treating Cervical Cysts, Tumors, and Cancer. Reading Assignment: V5, Ch. 69 (p. 301-306).

**Exam #24:** Explain and Demonstrate the Clinical Protocols associated with treating Ovarian Cysts, Tumors and Cancer.

**Exam #25:** Explain and Demonstrate the Clinical Protocols associated with treating Uterus Cysts, Tumors and Cancer.

**Exam #26:** Explain and Demonstrate the Clinical Protocols associated with treating Cervix Cysts, Tumors and Cancer.

## **6. Medical Qigong Therapy and Pediatric Diseases**

- Introduction to Treating Children With Chinese Energetic Medicine. Reading Assignment: V5, Ch. 72 (p. 407-412).
- Etiology of Diseases Caused Within the Womb. Reading Assignment: V5, Ch. 72 (p. 412-419).
- Etiology of Diseases Caused Within Childhood. Reading Assignment: V5, Ch. 72 (p. 420-425).
- Etiology of Diseases Caused Within Adulthood. Reading Assignment: V5, Ch. 72 (p. 426).
- Introduction to Diagnosing Children With Chinese Energetic Medicine. Diagnosis based on the Baby's Expression, Posture, Five Sense Organ, Skin Eruptions, Urine and Stool; as well as the Superficial Venules of the Index Finger, Body Associations, and Five Elements. Reading Assignment: V5, Ch. 72 (p. 427-440).
- Treating Children in the Medical Qigong Clinic. Reading Assignment: V5, Ch. 72 (p. 441-446).
- Various Clinical Protocols used to Treat Children. Treatments used to Boost a Child's Immune

System, and to Treat Diarrhea. Reading Assignment: V5, Ch. 72 (p. 447).

- Various Medical Qigong Homework Prescription Exercises used to improve a Child's Intelligence. Reading Assignment: V5, Ch. 72 (p. 448-452).

**Exam #27:** Explain and Demonstrate the Clinical methods associated with Diagnosing young Children.

**Exam #28:** Explain and Demonstrate the Clinical Protocols associated with Treating young Children.