Syllabus for Medical Qigong Therapist (Level T-6)

(Required Textbooks: The Secret Teachings of Chinese Energetic Medicine: Volume #1 and Volume #3)

1. Developing Intuitive, and Perceptual Awareness

- Introduction to Intuitive Perception. Reading Assignment: V3, Ch. 21 (p. 3-7).
- Understanding Intuitive Diagnosis. Reading Assignment: V3, Ch. 21 (p. 7-13).
- Accessing Hidden Knowledge Stored within the Body's Tissues. Reading Assignment: V3, Ch. 21 (p. 14-17).
- Perceptual Communication Training and Inner-Vision. Reading Assignment: V3, Ch. 21 (p. 18-26).
- Intuitive and Perceptual Meditation Exercise. A Review of the Eight Direction Perception Meditation, learned in P-2. Reading Assignment: V3, Ch. 21 (p. 27-29).

2. Intuitive and Perceptual Diagnosis Training

- Learning How to Diagnose and "Read" Energy. Reading Assignment: V3, Ch. 21 (p. 30-35).
- Diagnosis By Observing Aura Fields. Reading Assignment: V3, Ch. 21 (p. 36-54).
- Long Distance Scanning, Reading, and Diagnosing. Reading Assignment: V3, Ch. 21 (p. 55-67).
- Faith Projection and Sacred Word Healing Incantations. Reading Assignment: V3, Ch. 21 (p. 68-80).
- Using Breath Incantations. Reading Assignment: V3, Ch. 21 (p. 81-85).
- **Exam #1:** Explain and Demonstrate Diagnosis Based on Flat Palm Detection (Hand Sensing)
- Exam #2: Explain and Demonstrate Diagnosis and Treatment Based on Cleaning the Taiji Pole
- **Exam #3:** Explain and Demonstrate Diagnosis Based on Kinesthetic and Empathic Qi Absorption
- Exam #4: Explain and Demonstrate Diagnosing Aura Fields
- **Exam #5:** Explain and Demonstrate Long Distance Medical Qigong Therapy
- Exam #6: Explain and Demonstrate Faith Projection and Incantations; Breath Incantations

3. Applications of Intuitive and Perceptual Qi Diagnosis

- Additional Energy Diagnostic Modalities, Reading Assignment: V3, Ch. 21 (p. 86-90).
- Energizing Healing Paper and Cloth. Reading Assignment: V3, Ch. 22 (p. 105-107).
- Creating Talisman Water. Reading Assignment: V3, Ch. 22 (p. 108-111).
- Creating Healing Talismans. Reading Assignment: V3, Ch. 22 (p. 120-125).

- Combining Qi Emission Therapy With Moxa Therapy. Reading Assignment: V3, Ch. 22 (p. 126-128).
- Combining Qi Emission Therapy With Herbal Therapy. Reading Assignment: V3, Ch. 22 (p. 129-131); and V3, Ch. 24 (p. 185-200)
- Combining Qi Emission Therapy With Cupping Therapy. Reading Assignment: V3, Ch. 22 (p. 132-139).

Exam #7: Explain and Demonstrate a Clinical Treatment using Qi Projection, Breath Incantations, and Healing Talismans; as well as the advantages and disadvantages of such a practice.

4. Introduction to Energetic Channels and Points Identification

- Introduction to the 15 Connecting Vessels. Reading Assignment: V1, Ch. 9 (p. 557-564).
- Introduction to the 12 Divergent Channels. Reading Assignment: V1, Ch. 9 (p. 565-568).
- Introduction to the 12 Muscle Tendon Channels. Reading Assignment: V1, Ch. 9 (p. 569-577).
- Introduction to the 12 Skin Zones. Reading Assignment: V1, Ch. 9 (p. 578-586).
- Introduction to the Body's Energetic Points. Reading Assignment: V1, Ch. 10 (p. 587-609).

5. Introduction to Energetic Pattern Identification

- Introduction to Energetic Pattern Identification. Reading Assignment: V3, Ch. 37 (p. 607-609).
- Diagnosis By Visual Observation. Diagnosing based according to observing the patient's Vitality, Body Type, Movement, Facial Color, Eyes, Ears, Tongue, Nails and Energetic Channels. Reading Assignment: V3, Ch. 37 (p. 610-629).
- Diagnosis By Listening. Diagnosing based according to listening to the patient's Speech, Tone, Tempo, Words, Respiration, Cough, and Digestive System Noises. Reading Assignment: V3, Ch. 37 (p. 630-632).
- Diagnosis By Smelling. Diagnosing based according to smelling the patient's Head, Breath, Torso, and Feet. Reading Assignment: V3, Ch. 37 (p. 633).
- Diagnosis By Palpation. Diagnosing based according to feeling the patient's Pulse and Skin. Reading Assignment: V3, Ch. 37 (p. 634-644).

Exam #8: Explain and Demonstrate your understanding of Diagnostic Principles, based on Energetic Pattern Identification.

6. Diagnosis Based on Body Association

- Hand Body Diagnosis. Reading Assignment: V3, Ch. 37 (p. 645-648).
- Foot Body Diagnosis. Reading Assignment: V3, Ch. 37 (p. 649-650).

Exam #9: Explain and Demonstrate Diagnostic Principles, based on the Energetic Pattern Identification of Hand - Body Diagnosis.

Exam #10: Explain and Demonstrate Diagnostic Principles, based on the Energetic Pattern Identification of Foot - Body Diagnosis.

7. Diagnosis Based on Questioning

• Introduction to Diagnosis based on Clinical Interrogation. Reading Assignment: V3, Ch. 37 (p. 651-652).

Exam #11: Demonstrate a Clinical Intake; and Explain the Diagnostic Principles you prefer to use in order to ascertain the patient's condition.

8. Introduction to Differential Diagnosis

- Introduction to Differential Diagnosis based on the Differentiation of Energetic Syndromes, The Three Star Period, and the Eight Miscellaneous Causes of Disease. Reading Assignment: V3, Ch. 38 (p. 653-664).
- Developing a Treatment Plan. Reading Assignment: V3, Ch. 38 (p. 665-672).

Exam #12: Explain and Demonstrate the 8 Step Process of Clinical Evaluation required before treating a patient.

9. Diagnosis According to the Eight Energetic Principles

• Introduction to Diagnosis based on the Differentiation of Yin and Yang, Internal and External, Cold and Hot, and Deficient and Excess Energetic. Reading Assignment: V3, Ch. 39 (p. 673-692).

10. Diagnosis According to the Energetic Dysfunctions of Qi, Blood, and Body Fluids

- Introduction to Diagnosis based on the Differentiation of various imbalances occurring within the body's Qi, Blood, and Body Fluids. Reading Assignment: V3, Ch. 40 (p. 693-706).
- Various Types of Phlegm Formation. Reading Assignment: V3, Ch. 40 (p. 707-712).

11. Diagnosis According to the Five Element Theories

- Introduction to Diagnosis based on the Differentiation of the Five Element Patterns. Reading Assignment: V3, Ch. 41 (p. 713-718).
- The Three Levels of Five Element Classifications. Reading Assignment: V3, Ch. 41 (p. 719-723).
- Secret Daoist Five Element Theory and Training. Reading Assignment: V3, Ch. 41 (p. 723-744).
- Five Element Energy Manifestation. Reading Assignment: V3, Ch. 41 (p. 744-750).

Exam #13: Explain and Demonstrate the Five Element Energy Manifestations, and what they reveal about the patient's Internal Organ Energy.

12. Clinical Intake Forms

• Introduction to Completing Clinical Intake Forms. Reading Assignment: V3, Ch. 42 (p. 751-758).

Exam #14: Explain and Demonstrate Completing Clinical Intake Forms.