

Syllabus for Master Of Medical Qigong (Level M-11)

(Required Textbooks: The Secret Teachings of Chinese Energetic Medicine:
Volume #5)

1. Introduction to the Clinical Applications of Energetic Psychology

- Understanding the Body's Essence Spirits. Reading Assignment: V5, Ch. 73 (p. 455-457).
- The Effects of Thoughts and Emotions on the Tissues. Reading Assignment: V5, Ch. 73 (p. 457-463).
- The Five Yin Organs Memory of Trauma. Reading Assignment: V5, Ch. 73 (p. 484)

2. The Five Yin Organ Emotional Response

- Excessive Anger Injures the Liver Qi. Reading Assignment: V5, Ch. 73 (p. 464-467).
- Excessive Excitement Injures the Heart Qi. Reading Assignment: V5, Ch. 73 (p. 468-470).
- Excessive Worry Injures the Spleen Qi. Reading Assignment: V5, Ch. 73 (p. 471-472).
- Excessive Sadness and Grief Injures the Lung Qi. Reading Assignment: V5, Ch. 73 (p. 473-476).
- Excessive Fear and Fright Injures the Kidney Qi. Reading Assignment: V5, Ch. 73 (p. 477-479).

3. Healing With The Five Element Emotional Cycles

- The Emotional Patterns of the Five Element Creative Cycle. Reading Assignment: V5, Ch. 73 (p. 480).
- The Emotional Patterns of the Five Element Reversing Cycle. Reading Assignment: V5, Ch. 73 (p. 481).
- The Emotional Patterns of the Five Element Controlling Cycle. Reading Assignment: V5, Ch. 73 (p. 482).
- The Emotional Patterns of the Five Element Insulting Cycle. Reading Assignment: V5, Ch. 73 (p. 483).

4. Healing the Patient's Five Jing Shen Disorders via the Five Shu Points

- Releasing Emotional Patterns via stimulating special Five Jing Shen Points. Reading Assignment: V5, Ch. 73 (p. 485-486).
- **Exam #1:** Explain and Demonstrate the various treatments associated with Releasing Emotional Patterns via stimulating the Five Jing Shen Points.

5. Treating Minor Psychological Disorders

- Disassociating from Emotional Fear Based Patterns via Channel Point Therapy. Reading Assignment: V5, Ch. 73 (p. 487-491).
- Performing the “Beating The Bag” Exercise, in order to Disperse Liver Qi Stagnation. Reading Assignment: V5, Ch. 73 (p. 492-494).
- Performing the “Dry Crying” Exercise, in order to Disperse Lung Qi Stagnation. Reading Assignment: V5, Ch. 73 (p. 495-498).
- Performing the “Old Man and Tide Pool” Exercise, in order to “Reawaken” someone with a Closed Shen (Heart/Mind). Reading Assignment: V5, Ch. 73 (p. 499).
- Performing the “Magistrates Calling the Emperor to Task” Clinical Protocol, in order to “Reawaken” someone with a Closed Shen (Heart/Mind). Reading Assignment: V5, Ch. 73 (p. 500-501).
- Performing the “Releasing Emotional Blockages and Energetic Armoring” Meditation, in order to “Reawaken” someone with a Closed Shen (Heart/Mind). Reading Assignment: V5, Ch. 73 (p. 502).
- **Exam #2:** Explain and Demonstrate the various treatments associated with helping a patient Disassociate from Emotional Fear Based Patterns via Channel Point Therapy.
- **Exam #3:** Explain its energetic function and Demonstrate the “Beating The Bag” Exercise.
- **Exam #4:** Explain its energetic function and Demonstrate the “Dry Crying” Exercise.
- **Exam #5:** Explain its energetic function and Demonstrate the “Old Man and Tide Pool” Exercise.
- **Exam #6:** Explain its energetic function and Demonstrate the “Magistrates Calling the Emperor to Task” Clinical Protocol.
- **Exam #7:** Explain the energetic function of the “Releasing Emotional Blockages and Energetic Armoring” Meditation.

6. Assigning Qigong Homework According to a Patient’s Emotional Temperament

- The Four Personality Traits of Clinical Patients. Reading Assignment: V5, Ch. 73 (p. 503-506).
- **Exam #8:** Explain the Four Personality Traits of Clinical Patients.

7. Emotional Alchemy and Spiritual Transformation

- Understanding the body’s Three Core Channels. Reading Assignment: V5, Ch. 73 (p. 507-510).
- **Exam #9:** Explain the body’s Three Core Channels and Six Realms.