Syllabus for Master Of Medical Qigong (Level M-10)

(Required Textbooks: The Secret Teachings of Chinese Energetic Medicine:

Volume #1, Volume #4, and Volume #3)

1. The Clinical Applications of the Five Energies of the Human Body

• Introduction to the Five Types of Cellular Energies. Reading Assignment: V1, Ch. 4 (p. 193-195).

• Healing the Body with Sound Energy Resonances. Reading Assignment: V1, Ch. 4 (p. 195-210).

• Healing the Body with Light Energy Resonances. Reading Assignment: V1, Ch. 4 (p. 211-229).

• Healing the Body with Heat. Reading Assignment: V1, Ch. 4 (p. 229-234).

• Healing the Body with Electricity. Reading Assignment: V1, Ch. 4 (p. 234-236).

- Exam #1: Explain the Five Types of Cellular Energies.
- Exam #2: Explain and Demonstrate Audible, Sub-Audible, and Inaudible Tone Vibration.
- Exam #3: Explain and Demonstrate the Five Element Voices

• **Exam #4:** Explain and Demonstrate the Eight Colors of Light Projection, and their energetic effect on the body's tissues, food that we eat, and the clothe that we wear.

• **Exam #5:** Explain the importance of the body's "Three Fires," and how they are energetically different from the body's Triple Burners.

2. The Body's Center Core Taiji Pole, 3 Dantians, and 12 Chakra Gates

• Introduction to the most subtle energies of the body's Taiji Pole. Reading Assignment: V1, Ch. 5 (p. 237-241).

• The Masks and Defense Mechanisms the surround the Center Core Taiji Pole. Reading Assignment: V1, Ch. 5 (p. 242-243).

• Meditating on the Taiji Pole. Reading Assignment: V1, Ch. 5 (p. 243-244).

• The body's Six External Transpersonal Points located on the Taiji Pole. Reading Assignment: V1, Ch. 5 (p. 248-255).

• The Taiji Pole and the body's Internal Chakra System. Reading Assignment: V1, Ch. 5 (p. 256-270).

• Exam #6: Explain the importance and Energetic Significance of the body's Center Core Taiji Pole.

• Exam #7: Explain the importance and Energetic Significance of the Masks and Defense Mechanisms that surround the Center Core Taiji Pole.

• Exam #8: Explain the importance and Energetic Significance of the body's Soul Star and Earth Star, connected to the Center Core Taiji Pole.

3. The Body's Twelve Chakra Gates

• Introduction to the most subtle energies of the body's Twelve Chakra Gates. Reading Assignment: V1, Ch. 5 (p. 273-277).

• Reconstructing a Damaged Chakra Gate. Reading Assignment: V1, Ch. 5 (p. 278-279).

• Exam #9: Explain and Demonstrate Reconstructing a Damaged Chakra Gate.

4. The Body's Three Dantians

• Introduction to the most subtle energies of the body's Three Dantians. Reading Assignment: V1, Ch. 5 (p. 280-283).

• Energizing the Nine Gates of the body's Lower Dantian. Reading Assignment: V1, Ch. 5 (p. 284-294).

• Energizing the Nine Gates of the body's Middle Dantian. Reading Assignment: V1, Ch. 5 (p. 294-302).

• Energizing the Nine Gates of the body's Upper Dantian. Reading Assignment: V1, Ch. 5 (p. 302-314).

• The Nine Seven Secret Energetic Portals of the Upper Dantian. Reading Assignment: V1, Ch. 5 (p. 315).

- Exam #10: Explain how to energize the Nine Gates of the body's Lower Dantian.
- Exam #11: Explain how to energize the Nine Gates of the body's Middle Dantian.
- Exam #12: Explain how to energize the Nine Gates of the body's Upper Dantian.

5. Introduction to Clinical Applications Using Medical Qigong and Healing Stones

• The Secret Energetic Powers of Rocks and Gems. Reading Assignment: V3, Ch. 23 (p. 141-143).

• The Ancient History and uses of Energetic Rocks. Reading Assignment: V3, Ch. 23 (p. 144-157).

- The Clinical Applications of Quartz Crystals. Reading Assignment: V3, Ch. 23 (p. 158-164).
- Energetically Activating Healing Stone. Reading Assignment: V3, Ch. 23 (p. 164-169).

6. Five Element Healing Stones

• Introduction to the Secret Teachings of the Five Elements, and the Three Primary Laws of the Five Elements. Reading Assignment: V3, Ch. 23 (p. 170-176).

• The Various Energetic Colors of Healing Stones and their affect on the body's tissues. Reading Assignment: V3, Ch. 23 (p. 177-178).

• Various Gem Stone Remedies, and Clinical Healing Elixirs. Reading Assignment: V3, Ch. 23 (p. 179-183).

• Exam #13: Explain the Three Primary Laws of the Five Elements.

• Exam #14: Explain and Demonstrate how to energetically Activate the Healing Stones.

• Exam #15: Explain and Demonstrate the various placements of the Five Element Stones on the body; and the energetic effects generated on the Internal Organs.

• Exam #16: Explain and Demonstrate how to create Gem Elixirs, and the importance of their various Clinical Applications.

• Exam #17: Explain and Demonstrate how to use the Five Element Stones for various Clinical Applications.

7. Using The Energy of Healing Stones - Like Acupuncture Needles

• Learning to use the "Heavenly Needle." Introduction to Energetically Imprinting special Treatment Stones, used as Acupuncture Needles. Reading Assignment: V3, Ch. 22 (p. 112-119).

• Learning to use the Healing Stone like an "Invisible Needle." Review of Basic Invisible Needle Manipulation Techniques. Reading Assignment: V3, Ch. 27 (p. 310-312).

• Exam #18: Explain and Demonstrate how to energetically Imprint, Activate, and Utilize a Healing Stone as an Energetic Needle.

8. Using Herbs and Nutrition to Treat Internal Organ Diseases

• Introduction to Diet and Nutrition in Chinese Energetic Medicine. Reading Assignment: V4, Ch. 22 (p. 717-722).

• Diet and Cancer Therapy. Reading Assignment: V4, Ch. 60 (p. 722-739).

9. Using Medical Qigong Therapy With Surgical Procedures

• Introduction to Surgery. Reading Assignment: V4, Ch. 59 (p. 679-688).

• Using Medical Qigong Therapy With Surgery. Reading Assignment: V4, Ch. 59 (p. 688-703).

• Medical Qigong Therapy and Internal Organ Transplantation. Reading Assignment: V4, Ch. 59 (p. 704-705).

• Medical Qigong Therapy and Treating Phantom Pains. Reading Assignment: V4, Ch. 59 (p. 706-708).

• Medical Qigong Therapy and Treating Scar Tissue Formations. Reading Assignment: V4, Ch. 59 (p. 709-716).

- Exam #19: Explain and Demonstrate how to treat a Pre-Operation Patient.
- Exam #20: Explain and Demonstrate how to treat a Post-Operation Patient.
- Exam #21: Explain and Demonstrate how to treat Phantom Pains.
- Exam #22: Explain and Demonstrate how to treat Scar Tissue Formation.